

PENNSYLVANIA INTERSCHOLASTIC ATHLETIC ASSOCIATION, INC.



**2020 PIAA SPORTS MEDICINE ADVISORY STEERING
COMMITTEE MEETING MINUTES**

Monday
July 13, 2020

8:00 PM
via ZOOM MEETING

CALL TO ORDER

At 8:00 p.m., Monday, June 13, 2020, PIAA Sports Medicine Coordinator, Mr. William R. Mills, Jr., and PIAA Executive Director, Dr. Robert A. Lombardi, called the PIAA Sports Medicine Advisory Committee Meeting to order via conference call.

MEMBERS OF PIAA SPORTS MEDICINE ADVISORY COMMITTEE PRESENT

Timothy S. Ackerman, D.O.....Enola
Catherine C. D’Orazio, R.D., C.S.S.D., L.D.N.,.....Bryn Mawr
John Hauth, A.T.C, D.O., Allentown
Joseph A. Iezzi, A.T.C..... Downingtown
Thomas D. Kohl, M.D., Wyomissing
James D. Knox, Jr., MD Oxford
William J. Kuprevich, Jr., D.O..... Bloomsburg
Patrick F. Leary, D.O..... Erie
Scott A. Lynch, M.D., Hershey
David G. McBain, A.D./ A.T.C.. Oakdale
Laura J. McIntosh, M.D., Erie
William R. Mills, Jr., PIAA Sports’ Medicine Coordinator. Harrisburg
John L. Moyer, Jr., A.T.C... Wyomissing
Matthew L. Silvis, M.D..... Hershey
Edward D. Snell, M.D. Pittsburgh
Joshua B. Williamson, M.D. Oley

ADMINISTRATIVE STAFF PRESENT IN PIAA OFFICE

Dr. Robert A. Lombardi, Executive Director PIAA
Mark E. Byers, Chief Operating Officer PIAA
Melissa N. Mertz, Associate Executive Director PIAA
Jennifer S. Grassel, Assistant Executive Director PIAA
Patrick B. Gebhart, Assistant Executive Director PIAA
Michael L. Solomon, Director of Legal Affairs PIAA

GUESTS

Alan R Boynton, Legal CounselPIAA

CERTIFICATION OF VOTING REPRESENTATIVE FROM THE COMMITTEE AND REVIEW OF STEERING COMMITTEE PROCEDURES

The Sports Medicine Coordinator and the Executive Director certified the voting members of the PIAA Sports Medicine Advisory Committee (SMAC) and reviewed the procedure of advancing recommendations to the PIAA Board of Directors and the protocols for distributing information from the Sports Medicine Advisory Committee.

ADMINISTRATIVE AND DISCUSSION ITEMS

At its meeting of Monday, July 13, 2020, the following administrative and other items were discussed by the PIAA Sports Medicine Advisory Committee (SMAC). The Executive Staff will give consideration to those items designated as administrative. The following items are shared with the PIAA Board of Directors for informational purposes:

1. It was recommended by the SMAC to include a general statement on hydration for student-athletes and possibly include a link to the National Athletic Trainers' Association (NATA) hydration position statement in the Return to Play Guidelines as developed by PIAA.
2. It was recommended by the SMAC to include a general statement on student-athletes being encouraged to shower as quickly as possible after a workout/practice/contest and to practice good healthful hygiene habits.
3. It was recommended by the SMAC to include a statement for student-athletes and team personnel to clean and sanitize athletic equipment as soon as possible after use in a workout/practice/contest.
4. It was the consensus of the SMAC to develop a plan for fall sports to allow for as much competition in all fall sports between schools as possible that would include regular season league/conference play. Considerations should be given to accommodate localized competition and restrict long range and out of state travel that could place schools and student-athletes at a potential risk. Strict review for regional or statewide travel/competition needs discussion for possible health concerns.
5. If the Board of Directors can develop a systematic proposal to allow for sport competition in local conferences/leagues and districts, the SMAC supports the initiatives to complete these schedules in the best interest of student-athletes physical, mental and social health and well-being. Research from the University of Wisconsin and the Wisconsin Interscholastic Athletic Association (WIAA) indicated the impact activities has on students' mental health.

6. In developing these types of athletic competition initiatives, the SMAC believes it is important to comply with local county Department of Health (DOH) initiatives as well as the PA DOH, Pennsylvania Department of Education (PDE) and the information distributed from the Governor's Office.
7. It was recommended to the PIAA Board of Directors to develop an addendum to the Comprehensive Initial Pre-Participation Physical Evaluation (CIPPE) form to include a section for information on a COVID-19 signoff for parents as well as a section to provide information regarding Peyton's Law. This section is to provide parents' the ability to request Electrocardiogram Examination (EKG) information and possible screening at the parent's request and expense.

Mr. Mills, PIAA Sports Medicine Committee Co-ordinator, adjourned the meeting at 9:40 PM.